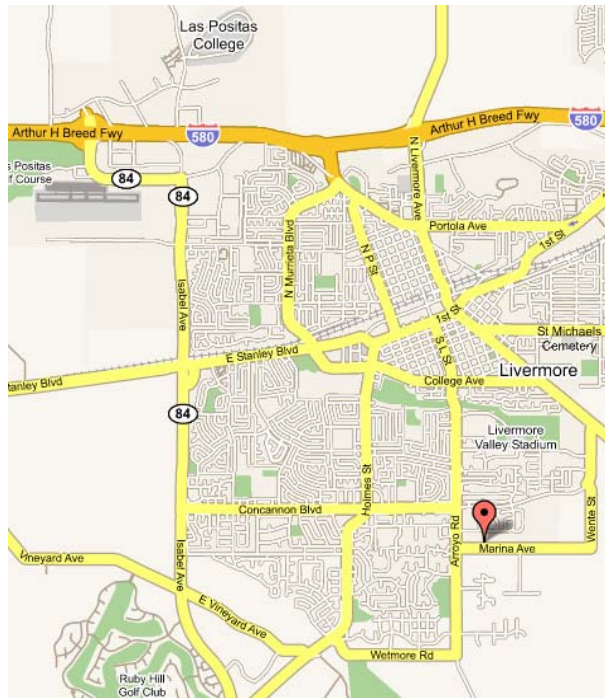
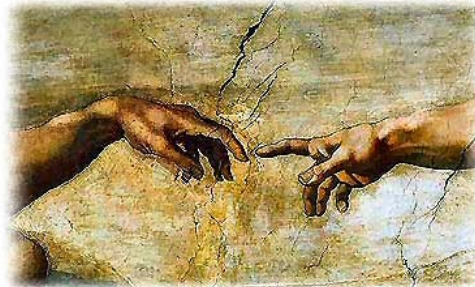


Conveniently located in Livermore Valley, among the vineyards, uniquely designed ranch style home, in a beautiful, two-acre tranquil garden.

- ✧ Close to the Valley Memorial Hospital - Urgent Care
- ✧ Sunset Plaza Medical Offices
- ✧ Kaiser Permanente
- ✧ Veterans Hospital
- ✧ Arroyo Shopping Center
- ✧ Ravenswood Historical Site
- ✧ City Library
- ✧ Robert Livermore Community Center
- ✧ Hwy 580 and Hwy 84



A Home of Our Own



2268 Marina Ave.
Livermore, CA 94550

Phone: 925-443-6218
Fax : 925-455-6507

For directions please call:

925-443-6218

Visit us on the web:

www.ahomeofourown.us.com

A Home of Our Own

Residential Care Facility for the Elderly



Home is where your heart is

A Home of Our Own is a family owned and operated Residential Care Facility for the Elderly, licensed by the State of California.



Services Provided:

- Lodging: in spacious **private room**
- Cleaning of the resident's room / Personal laundry services, daily
- Nutritious meals: three meals per day, healthy snacks in between meals
- Monitoring food intake and special diet
- Assistance feeding
- Assistance with taking prescribed medication: **central storing and distribution**
- Assistance with activities of daily living: dressing, bathing, grooming
- Continuous observation, care and supervision
- Incontinence management
- Bedside care for temporary illness
- Transportation arrangements for medical/dental appointments
- A planned activity program, arrangement for utilization of community resources
- Small exercise group/ Outside activities
- Supervision of resident schedules and activities
- Monitoring and appropriate reporting to families of resident needs and condition
- 24 hour emergency response monitoring

Dementia & Hospice Waiver

Alzheimer's and Dementia Care patient are accepted and Hospice arrangements are made available to those in need.

Walker or Wheelchair Dependent Residents

We also accept Walker or Wheelchair Dependent residents and a small ratio of the following:

- Residents with Catheter
- Insulin Diabetic
- Uses Oxygen

Other Services

- An individualized treatment plan after hospitalization coordinated with the patient's MD, Medical Social Worker, Physical Therapists and RNs from Home Health Agencies, including but not limited to special wound care, speech therapy, etc.
- In-house doctors: routine checkups monthly by patient's MD
- Blood pressure, blood sugar monitoring
- Podiatrist scheduled for home visits bimonthly

Optional Services

- Professional hair and nail care services are offered weekly in downtown Livermore. Transportation is provided by the facility.
- Private phone lines are available
- In-room Cable TV



Activities

Having a good time affects emotional equilibrium, which in turn may impact psychosomatic illness and help counterbalance some of the losses of aging. Meaningful music is not only pleasurable but is, in effect, a series of swan songs. Performed by our pianist weekly, through the years.

Here at ***A Home of Our Own***, we celebrate birthdays and all major holidays. Our activity schedule includes trips to Del Valle Lake, visits to the state-of-art city Library, and luncheons at the local Senior Center and our favorite restaurant, Country Waffles at Arroyo Plaza.



Our Mission Statement

We all share the goal of helping each resident achieve a more satisfying lifestyle by providing compassionate, quality care

Unconditional Love... Our Philosophy

When the heartbeat of life slows, love is the greatest resource in caring and living with Elderly.

Old age does not necessarily mean unhappy waning. Some people think old persons should be grateful just for being alive. That's not right. We all must have a reason for getting up in the morning. ***A Home of Our Own*** is not simply a home for meeting the needs of elderly people; it exists for the purpose of providing "heart" and "peace of mind" to those we serve and their families.



Moving the older person from a familiar setting into an institution, or even into surroundings similar to his own home has been reported to cause psychological disorganization and distress.

Therefore choosing the right facility can be challenging and must be well thought.



Please call to arrange an appointment for a tour of the facility.

925-443-6218